



## Terlo Jogging 2023 4 - 8 - 12 km

### uitslag 4 km

| Plaats | StNr | Naam                | Woonplaats | Cat | Plaats in |     | Tijd    | km/hr | min/km |
|--------|------|---------------------|------------|-----|-----------|-----|---------|-------|--------|
|        |      |                     |            |     | Cat       | Cat |         |       |        |
| 1      | 112  | Glenn Philips       |            | M   | 1         |     | 0:13:32 | 18,2  | 03:18  |
| 2      | 127  | Stijn Hendrickx     |            | M   | 2         |     | 0:14:40 | 16,8  | 03:35  |
| 3      | 104  | Wim Rutten          |            | M   | 3         |     | 0:14:52 | 16,5  | 03:38  |
| 4      | 140  | Erwan Moelans       |            | M   | 4         |     | 0:15:05 | 16,3  | 03:41  |
| 5      | 133  | Simon Corstjens     |            | M   | 5         |     | 0:15:06 | 16,3  | 03:41  |
| 6      | 135  | Michiel Janssen     |            | M   | 6         |     | 0:15:49 | 15,5  | 03:52  |
| 7      | 130  | Koen Theys          |            | M   | 7         |     | 0:16:46 | 14,7  | 04:05  |
| 8      | 131  | Dave Van Campenhout |            | M   | 8         |     | 0:17:02 | 14,4  | 04:09  |
| 9      | 120  | Robbe Nietvelt      |            | M   | 9         |     | 0:17:28 | 14,1  | 04:16  |
| 10     | 121  | Toon Nietvelt       |            | M   | 10        |     | 0:17:29 | 14,1  | 04:16  |
| 11     | 111  | Tara Philips        |            | V   | 1         |     | 0:17:33 | 14,0  | 04:17  |
| 12     | 132  | Luc Van Campenhout  |            | M   | 11        |     | 0:17:35 | 14,0  | 04:17  |
| 13     | 118  | Werner Slegers      |            | M   | 12        |     | 0:17:51 | 13,8  | 04:21  |
| 14     | 102  | Cor Smeyers         |            | M   | 13        |     | 0:18:07 | 13,6  | 04:25  |
| 15     | 113  | Lore Van Herck      |            | V   | 2         |     | 0:18:24 | 13,4  | 04:29  |
| 16     | 125  | Davy Huysmans       |            | M   | 14        |     | 0:18:29 | 13,3  | 04:30  |
| 17     | 122  | Peter Ruelens       |            | M   | 15        |     | 0:18:46 | 13,1  | 04:35  |
| 18     | 129  | Finne Theys         |            | V   | 3         |     | 0:18:58 | 13,0  | 04:37  |
| 19     | 126  | Axel Dols           |            | M   | 16        |     | 0:20:15 | 12,2  | 04:56  |
| 20     | 108  | Marc Goris          |            | M   | 17        |     | 0:20:50 | 11,8  | 05:05  |
| 21     | 117  | Chris Boonen        |            | M   | 18        |     | 0:21:00 | 11,7  | 05:07  |
| 22     | 119  | Katrien Steenackers |            | V   | 4         |     | 0:21:18 | 11,5  | 05:12  |
| 23     | 134  | Karen Pelgrims      |            | V   | 5         |     | 0:21:44 | 11,3  | 05:18  |
| 24     | 136  | Luna Renard         |            | V   | 6         |     | 0:22:14 | 11,1  | 05:25  |
| 25     | 123  | Pascal Renard       |            | M   | 19        |     | 0:22:16 | 11,1  | 05:26  |
| 26     | 106  | Kato Dierckx        |            | V   | 7         |     | 0:23:20 | 10,5  | 05:41  |
| 27     | 107  | Caro Soontjens      |            | V   | 8         |     | 0:23:21 | 10,5  | 05:42  |
| 28     | 105  | Marie Niesen        |            | V   | 9         |     | 0:23:24 | 10,5  | 05:43  |
| 29     | 109  | Mia Clijmans        |            | V   | 10        |     | 0:23:50 | 10,3  | 05:49  |
| 30     | 116  | Louis Nietvelt      |            | M   | 20        |     | 0:24:26 | 10,1  | 05:58  |
| 31     | 124  | Jos Van De Weyer    |            | M   | 21        |     | 0:24:27 | 10,1  | 05:58  |
| 32     | 114  | Wim Verellen        |            | M   | 22        |     | 0:24:56 | 9,9   | 06:05  |
| 33     | 115  | Dirk Boonen         |            | M   | 23        |     | 0:24:57 | 9,9   | 06:05  |
| 34     | 110  | Lief Steenackers    |            | V   | 11        |     | 0:27:14 | 9,0   | 06:39  |
| 35     | 101  | Martine Noyens      |            | V   | 12        |     | 0:27:21 | 9,0   | 06:40  |
| 36     | 103  | Hanne Van Dingenen  |            | V   | 13        |     | 0:29:01 | 8,5   | 07:05  |
| 37     | 137  | Sarah Leysen        |            | V   | 14        |     | 0:29:58 | 8,2   | 07:19  |
| 38     | 138  | Alix Adriaenssens   |            | V   | 15        |     | 0:30:08 | 8,2   | 07:21  |
| 39     | 128  | Marc Dierckx        |            | M   | 24        |     | 0:34:50 | 7,1   | 08:30  |
| 40     | 139  | Evi Bruyninckx      |            | V   | -         |     | -       | -     | -      |

Namens FC Witte Molen bedanken wij graag alle deelnemers, zeer graag zien wij jullie volgend jaar allemaal terug!